

# Lauren Regan, PA-C

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## EXPERIENCE

### **The Kaufmann Clinic, Atlanta, GA — Physician Assistant**

August 2016 - PRESENT

- Involved in all aspects of patient care, including performing a detailed history and physical exams for patients, diagnosing and treating both acute concerns and chronic conditions
- Order and interpret laboratory results and diagnostic imaging, such as X-ray, MRI, and CT results
- Conduct in-office procedures, including annual pap smears, suture and staple removal, injections, and wound care
- Diagnose and treat acute concerns, such as abdominal pain, headaches, dizziness, elevated blood pressure, syncope, and chest pain
- Effectively manage and develop treatment plans for chronic conditions, such as, but not limited to, diabetes mellitus, hypertension, hyperlipidemia, heart failure, chronic kidney disease, osteoporosis, and hypothyroidism
- Experienced in managing female healthcare, including annual STD exams, oral contraceptive counseling, hormone replacement therapy management, and diagnosis of fibroids and cysts
- Prescribe medication and manage psychiatric conditions, such as anxiety, depression, OCD disorder, and insomnia
- Perform annual wellness exams, including mini-mental status exams, PHQ-9 screening, advanced directive planning, and consult patients on preventative healthcare, such as routine cancer screenings and immunization counseling
- Provide concierge medicine, which includes evaluating acute concerns on-location for entertainment industry artists and performers, administering injections, and providing on-site care
- Assist with interviewing and hiring other mid-level providers

## SKILLS

Management of chronic conditions, such as diabetes mellitus, hypertension, hyperlipidemia, and hypothyroidism

Annual gynecological exams and contraceptive counseling

Diagnosis and treatment of anxiety and depression with use of PHQ-9

Weight-loss management counseling and medication

Evaluation and management of urgent/acute concerns, such as chest pain, asthma, abdominal pain, and syncope

## ACADEMIC AFFILIATIONS

### **Physician Assistant Clinical Preceptor, 2019 - Present**

- Mercer University
- Yale University
- Augusta University
- South University

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## EDUCATION

### **Augusta University (formerly Medical College of Georgia)** **Augusta, GA — Master's of Physician Assistant**

May 2014 - July 2016

- Graduated Magna Cum Laude
- Rotated in Internal Medicine, OB/GYN, Orthopedics, General Surgery, Family Medicine, Pediatrics, Emergency Medicine, Hospital Medicine, and Inpatient Psychiatry

### **University of Georgia, Athens, GA — Bachelor's of Science**

August 2009 - December 2013

- Graduated Cum Laude with major in Biology and emphasis in chemistry
- Worked in genome sequencing research lab focusing on breast cancer and biodegradable fossil fuels
- Vice-President of Relay for Life
- Member of Delta Delta Delta
- Med-life Volunteer in Ecuador providing medical and dental care to underserved

## PUBLICATIONS

- iCbescii: a genome-scale construction of *Caldicellulosiruptor bescii* DSM 6725 metabolic network. Xizeng Mao, Mirko Basen, Zheng Ruan, Xin Chen, Lauren Regan, Mike Adams and Ying Xu. In preparation, 2013 .
- Multiple Sclerosis -- A Chronic Demyelinating Disorder. Lauren Grace Regan, Michael Felz. In preparation, 2016

## CERTIFICATIONS AND LICENSURE

### **Certifications — 2016 to Present**

- National Commission on Certification of Physician Assistants
- Recertification every two years with 100 hours of continuing medical education
- BLS Certification
- ACLS Certification

### **Licensure — 2016 to present**

- State of Georgia - Physician Assistant - #8115
- NPI Registered - 1790234524
- DEA Registered - MR402-7226